Pressure Pro Canning Recipes

Peaches



Ingredients

10 peaches2 cups water3/4 cup sugar

Directions:

- 1. To peel peaches: Bring a pot of water to a boil. Make an X with a knife to score the peach on the bottom. Place the peaches into the boiling water. After 2 minutes place the hot peaches into an ice bath. The skin should remove easily. Cut the peaches in half and place them in the jars.
- 2. To make the syrup: Place the sugar and water into the inner pot and press the CHICKEN/MEAT button. Bring to a boil for a couple of minutes without the lid on.
- 3. Pour the syrup into the jars of peaches 1" from the top.
- 4. Using a flexible nonporous spatula gently press between the peaches and the jar to release any trapped air bubbles.
- 5. Clean the rims with white vinegar and seal.
- Place the jars into the clean inner pot and add water until the jars are covered ¼ of the way.
- 7. Secure the lid and close the steam release valve.
- Press the CANNING/PRESERVING button pre-programmed to cook for 30 minutes.
- When the time runs out and the steam has been released, remove the lid and carefully remove the jars using the canning tongs.